

### Orientation – Tuesday, March 3 – 6pm-7pm

**6:00pm-7:00pm**

**Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer**

- What To Expect, Attendance and Goals (15 min)
- Syllabus Overview & Course Content Page (15 min)
- Volunteer Time Documentation (15 min)
- Class Introductions (15 min)

### Session 1 – Tuesday, March 10 – 5:30pm-8:30pm

**5:30pm-7:15pm**

**Speaker: Louise Arquilla, Chief Program Officer, Stand Up Placer**

- Agency Philosophy (30 min)
- Service Standards (60 min)
- Funding Sources (15 min)

**7:15pm-8:30pm**

**Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer**

- The Facts of Domestic Violence – Definition & Statistics (15 min)
- History of DV/DV Movements/Grassroots Advocacy (15 min)
- Cycle of Violence, Power Wheel, Equality Wheel (15 min)
- Forms of Domestic Violence (15 min)
- Red Flags/Signs To Look For In An Abusive Relationship (15 min)

### Session 2 – Thursday, March 12 – 5:30pm-8:30pm

**5:30pm-6:00pm**

**Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer**

- Gaslighting and Dilemmas in Leaving An Abusive Relationship (15 min)
- Misconceptions & Realities of Domestic Violence Survivors Relationship (15 min)

**6:00pm-6:45pm**

**Speaker: Zubair Dowlut, Domestic Violence Advocate, Stand Up Placer**

- The Impact of Religious/Spiritual Abuse (45 min)

**6:45-8:30pm**

**Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer**

- Gender Roles in Society/Attitudes Towards Violence (15 min)
- Media Representation - Movie: *The Mask You Live In* (full-length movie) (1.5 hours)

### Session 3 – Tuesday, March 17 – 5:30pm-8:30pm

**5:30pm-8:30pm**

**Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer**

- What Is Crisis Intervention? (45 min)
- Guiding Principles For Counseling Survivors (30 min)
- Goals of Peer Counseling/Empowerment Model (30 min)
- Advocate Counseling Skills & Active Listening Techniques (30 min)
- Nonverbal Communication & Empathetic Response Leads (15 min)

**8:00pm-8:30pm**

- Role Plays

**Session 4 – Thursday, March 19 – 5:30pm-8:30pm**

**5:30pm-6:15pm**

**Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer**

- Client-Counselor Privilege (30 min)
- Needs, Safety Assessment and Survivor Options (15 min)

**6:15pm-8:30pm**

**Speaker: Ellen Walker, Placer County Health & Human Services, Deputy Public Guardian**

- Survivor-Centered and Trauma Informed Principles and Techniques (1 hour 30 min)
- Motivational Interview Techniques (45 min)

**Session 5 – Tuesday, March 24 – 5:30pm-8:30pm**

**5:30pm-6:30pm**

**Speaker: Haley Matthews, AMFT, Stand Up Placer Therapist**

- Impact of Domestic Violence on Children (60 min)

**6:30pm-7:15pm**

**Speaker: Cathy Sandell, Housing Programs Compliance Manager, Stand Up Placer**

- Housing Program Overview/Transitional/Rapid Rehousing and Housing Program Volunteer Opportunities (45 min)

**7:15pm-8:30pm**

**Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer**

- Effects/Adverse Childhood Experience Study (ACEs) (45 min)
- ACEs activity and breakout groups (30 min)

**Session 6 – Thursday, March 26 - 5:30pm-8:30pm**

**5:30pm-8:30pm**

**Speaker: Anno Nakai, Sierra Native Alliance Executive Director**

- Intersection of Discrimination, Oppression and Sexual Violence (60 min)
- Awareness and Understanding of Groups That Have Experienced Discrimination (60 min)
- Cultural Considerations in Providing Services to Different Marginalized Groups (60 min)

**Session 7 – Tuesday, March 31 - 5:30pm-8:30pm**

**5:30pm-6:00pm**

**Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer**

- Client Data Documentation – Appropriate and Inappropriate (15 min)
- Addressing Problems (up-the-chain or directly re: collaborative interactions; crank calls, etc.) (15 min)

**6:00pm-7:15pm**

**Speaker: Kelly Ormosen, LMFT, Clinical Programs Manager, Stand Up Placer**

- Substance Abuse/Mental Health Coexisting (1 hour 15 min)

**7:15pm-8:30pm**

- Interactive Activity on Exploring Privilege
- Break Out Rooms and Class Discussion

**Session 8 – Thursday, April 2 – 5:30pm-8:30pm**

**5:30pm-6:30pm**

**Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer**

- California Evidence and Penal Codes regarding survivor rights (30 min)
- Confidentiality of Records and Subpoenas (15 min)

- Agency Policy If Advocate Excluded From A Process e.g. exam, law enforcement interview (15 min)

**6:30pm-7:30pm**

**Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer**

- Protective Orders (EPO, TRO, CPO) (30 min)
- Role of the Advocate During Legal & Court Proceedings (15 min)
- Recantation Coercion (15 min)

**7:30pm-8:30pm**

**Speaker: Eric Carin, Staff Attorney, Stand Up Placer**

- Stand Up Placer Legal Department Overview (15 min)
- Legal Issues (45 min)

**Session 9 – Tuesday, April 7 – 5:30pm-8:30pm**

**5:30pm-7:15pm**

**Speaker: Shasta Wright, Safe House Supervisor**

- Safe House (30 min)
- Crisis Line Overview and Procedures (30 min)
- Mandated Reporting Procedures & Agency Policy (30 min)
- Support Groups (15 min)

**7:15pm-8:30pm**

**Speaker: Paul Brewer, Co-Trainer, Survivor and Advocate**

- Cyber Security/Technology Facilitated Gender Based Violence (TFGBV) (60 min)
- Breakout Session (15 min)

**Session 10 – Thursday, April 9 – 5:30pm-8:30pm**

**5:30pm-6:15pm**

**Speaker: Jamie Smith, Placer County Deputy District Attorney (Domestic Violence Unit)**

- Domestic Violence and The Criminal Justice System (45 min)

**6:15pm-7:15pm**

**Speakers: Placer County Domestic Violence Response Team: DA Investigator Alana Gruchow, Victim Advocate Santiago Spangler, Claims Specialist Jennifer Fugate**

- Law Enforcement and Domestic Violence (15 min)
- Rights of victim/survivor (15 min)
- Coordination with Victim Witness and Government Claims Board (30 min)

**7:15pm-8:00pm**

**Speaker: Cassie Quadrelli, Placer County Child Welfare Services**

- Child Welfare Services and Support Overview (45 min)

**8:00pm-8:30pm**

**Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer**

- Domestic Violence and Traumatic Brain Injury (30 min)

**Session 11 – Tuesday, April 14 – 5:30pm-8:30pm**

**5:30pm-6:30pm**

**Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer**

- Procedures to access local resources and referrals (15 min)
- Agency Limitations; When Referrals Are Appropriate (15 min)
- Best practices and strategies for warm referrals and community referrals (15 min)
- Culturally Appropriate Community Referrals (15 min)

**6:30pm-8:30pm**

**Speaker: Paul Brewer, Co-Trainer, Survivor and Advocate**

- Cultural consideration in providing services to different marginalized groups: *Male Survivors: Tools for Trauma Informed Advocacy* (1.5 hours)
- Breakout group and discussion (30 min)

**Session 12 – Thursday, April 16 – 5:30pm-8:30pm**

**5:30pm-6:30pm**

**Speaker: Christina Simkins, Outreach Senior, Placer County Health & Human Services**

- Community Partners & Resources (60 min)

**6:30pm-7:15pm**

**Speaker: Emalee Beavers, Sexual Assault Response Team Coordinator, Stand Up Placer**

- Curiosity & Authenticity

**7:15pm-8:30pm**

- Boundaries for Advocate and Client Safety Discussion
- Role Plays

**Session 13 – Tuesday, April 21 – 5:30pm-8:30pm**

**5:30pm-7:30pm**

**Speaker: Emalee Beavers, Sexual Assault Response Team Coordinator, Stand Up Placer**

- Introduction and History of Sexual Violence (60 min)
- Types & Definitions Of Sexual Assault (60 min)

**7:30-8:30pm**

**Speaker: Rocio Ramon, AMFT, Stand Up Placer Staff Therapist**

- What Is Rape Culture? (15 min)
- Trauma of sexual assault and long-range effects (45 min)

**Session 14 – Thursday, April 23 – 5:30pm-8:30pm**

**5:30pm-6:30pm**

**Speaker: Justin Camacho, Detention Advocacy Program Coordinator, Stand Up Placer**

- Prisons/Jails/Detention Facilities (30 min)
- Prison Rape Elimination Act (PREA) (30 min)

**6:30pm-7:00pm**

**Speakers: Jenna Gelbuda, Domestic Violence Program Coordinator, Stand Up Placer**

- Domestic Violence Program Overview and Volunteering Opportunities (30 min)

**7:00pm-8:30pm**

**Speaker: Paul Brewer, Co-Trainer, Survivor and Advocate**

- Commercially Sexually Exploited Children (1 hour 30 min)

**Session 15 – Tuesday, April 28 – 5:30pm-8:30pm**

**5:30pm-7:30pm**

**Speaker: Emalee Beavers, Sexual Assault Response Team Coordinator, Stand Up Placer**

- Notification and Agency Response Procedures (30 min)
- Rights of the Victim/Survivor (30 min)
- Role of Advocate During Medical/Forensic Examinations (30 min)
- Best Practices and Cultural Considerations Related To Medical Procedures (30 min)

**7:30pm-8:30pm**

**Speaker: Cathy Sandell, Programs Compliance Manager, Stand Up Placer**

- History and Goals of Collaboration (30 min)
- Advocate Role Clarification – Rape Crisis Centers, Victim Witness System-based and Support Persons System-based & Support Persons (30 min)

**Session 16 – Thursday, April 30 – 5:30pm-8:30pm**

**5:30pm-7:00pm**

**Speaker: Jessica Waterford, MSW, Placer County MDIC Coordinator**

- Child Sexual Abuse Definitions, Types and Characteristics (60 min)
- Developmental considerations (30 min)

**7:00pm-8:30pm**

**Speaker: Ashley Duke, Sierra Community House**

- Teen Dating Violence (1 hour 30 min)

**Session 17 – Tuesday, May 5 – 5:30pm-8:30pm**

**5:30pm-7:00pm**

**Speaker: Detective Scott Alford, DA Investigator Alana Gruchow, SART Coordinator Lannie Waters**

- Sexual Assault Laws (Code Sections) (15 min)
- Local Law Enforcement Agency Procedures (15 min)
- Factors Affecting Decision to Authorize a Forensic Medical Examination, Investigation and/or an Arrest (15 min)
- Investigative Procedures (15 min)
- Role of advocate during the investigation (15 min)
- Abbreviated exam (15 min)

**7:00pm-8:00pm**

**Speaker: Placer County Deputy District Attorney Anna Duffy (Sexual Assault Unit)**

- Criminal Justice: Medical, Law Enforcement & Prosecutors (60 min)

**8:00pm-8:30pm**

**Speaker: Eric Carin, Staff Attorney, Stand Up Placer**

- Common Defenses In Sexual Assault Cases (15 min)
- Civil Remedies (15 min)

**Session 18 – Thursday, May 7 – 5:30pm-8:30pm**

**5:30pm-7:30pm**

**Speaker: Lannie Waters, Placer County Sexual Assault Response Team Nurse**

- Forensic Medical Examination (full and abbreviated) and Evidence Collection (45 min)
- Strangulation Forensic Exams (30 min)
- Consent For a Forensic Medical Examination (15 min)
- Payment for Expenses (15 min)
- Survivors' Health Concerns (15 min)

**7:30pm-8:30pm**

**Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer**

- Confidentiality (15 min)
- Privileged communication within collaborations (15 min)
- Crisis Intervention With Significant Others (30 min)

**Session 19 – Tuesday, May 12 – 5:30pm-8:30pm**

**5:30pm-6:30pm**

**Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer**

- Rights of victim/survivor (30 min)

**6:30pm-8:30pm**

**Speaker: Shannon Decker, Executive Director, The Speedy Foundation**

- Suicide lethality and safety assessments and interventions (2 hours)

**Session 20 – Thursday, May 14 – 5:30pm-8:30pm**

**5:30pm-7:30pm**

**Speaker: Paul Brewer, Co-Trainer, Survivor and Advocate**

- Teen Culture and Risk Factors (30 min)
- Developmental Considerations (15 min)
- Educational institutions (15 min)
- Legal Issues (30 min)
- Counseling issues and concerns (30 min)

**7:30pm-8:30pm**

**Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer**

- *Movie: The Last Drop* (45 min)
- *The Last Drop* Post-movie discussion (15 min)

**Session 21 – Tuesday, May 19 – 5:30pm-8:30pm**

**5:30pm-8:30pm**

**Speakers: Vickie Turnquist, Human Trafficking Program Coordinator, Stand Up Placer**

- Identifying and Responding to Sex Trafficking (3 hours)

**Session 22 – Thursday, May 21 – 5:30pm-8:30pm**

**5:30pm-7:00pm**

**Speaker: Antonia Dias**

- Marginalized communities/oppressed groups (Trauma Informed Crisis Response With Queer & Trans Clients) (1.5 hours)

**7:00pm-8:30pm**

- National Public Radio Podcast: *This American Life: Anatomy of Doubt* (60 min)
- *Anatomy of Doubt* discussion (30 min)

**Session 23 – Tuesday, May 26 – 5:30pm-8:30pm**

**5:30pm-6:00pm**

**Speaker: Tenell Woods, USAF Sexual Assault & Domestic Violence Services, Sexual Assault Coordinator**

- Military and Sexual Assault (30 min)

**6:00pm-7:00pm**

**Speaker: Vickie Turnquist, Human Trafficking Program Coordinator, Stand Up Placer**

- Continuing Support (60 min)

**7:00pm-8:00pm**

**Speaker: Kacey Nelson, Staff Therapist, Stand Up Placer**

- Counselor Safety, Self-care and Vicarious Trauma (60 min)

**8:00pm-8:30pm**

- Wrapping It Up and Final Exam (30 min)