

Orientation – Tuesday, August 26 – 6pm-7pm

6:00pm-7:00pm

Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer

- What To Expect, Attendance and Goals (15 min)
- Syllabus Overview & Course Content Page (15 min)
- Volunteer Time Documentation (15 min)
- Class Introductions (15 min)

Session 1 – Tuesday, September 1 – 5:30pm-8:30pm

5:30pm-7:15pm

Speaker: Louise Arquilla, Chief Program Officer, Stand Up Placer

- Agency Philosophy (30 min)
- Service Standards (60 min)
- Funding Sources (15 min)

7:15pm-8:30pm

Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer

- The Facts of Domestic Violence – Definition & Statistics (15 min)
- History of DV/DV Movements/Grassroots Advocacy (15 min)
- Cycle of Violence, Power Wheel, Equality Wheel (15 min)
- Forms of Domestic Violence (15 min)
- Red Flags/Signs To Look For In An Abusive Relationship (15 min)

Session 2 – Thursday, September 3 – 5:30pm-8:30pm

5:30pm-6:00pm

Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer

- Gaslighting and Dilemmas in Leaving An Abusive Relationship (15 min)
- Misconceptions & Realities of Domestic Violence Survivors Relationship (15 min)

6:00pm-7:00pm

Speaker: Zubair Dowlut, Domestic Violence Advocate, Stand Up Placer

- The Impact of Religious/Spiritual Abuse (60 min)

7:00-8:30pm

Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer

- Gender Roles in Society/Attitudes Towards Violence - Media Representation - Movie: *The Mask You Live In* (full-length movie) (1.5 hours)

Session 3 – Tuesday, September 8 – 5:30pm-8:30pm

5:30pm-6:00pm

- Breakout Session – *The Mask You Live In* discussion

6:00pm-8:00pm

Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer

- What Is Crisis Intervention? (45 min)
- Guiding Principles For Counseling Survivors (15 min)
- Goals of Peer Counseling/Empowerment Model (30 min)

- Advocate Counseling Skills & Active Listening Techniques (15 min)
- Nonverbal Communication & Empathetic Response Leads (15 min)

8:00pm-8:30pm

- Role Plays

Session 4 – Thursday, September 10 – 5:30pm-8:30pm

5:30pm-6:15pm

Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer

- Client-Counselor Privilege (30 min)
- Needs, Safety Assessment and Survivor Options (15 min)

6:15pm-8:30pm

Speaker: Ellen Walker, Placer County Health & Human Services, Deputy Public Guardian

- Survivor-Centered and Trauma Informed Principles and Techniques (1 hour 30 min)
- Motivational Interview Techniques (45 min)

Session 5 – Tuesday, September 15 – 5:30pm-8:30pm

5:30pm-6:30pm

Speaker: TBD, Stand Up Placer Therapist

- Impact of Domestic Violence on Children (60 min)

6:30pm-7:15pm

Speaker: Cathy Sandell, Housing Programs Compliance Manager, Stand Up Placer

- Housing Program Overview/Transitional/Rapid Rehousing and Housing Program Volunteer Opportunities (45 min)

7:15pm-8:30pm

Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer

- Effects/Adverse Childhood Experience Study (ACEs) (45 min)
- ACEs activity and breakout groups (30 min)

Session 6 – Thursday, September 17 - 5:30pm-8:30pm

5:30pm-8:30pm

Speaker: Anno Nakai, Sierra Native Alliance Executive Director

- Intersection of Discrimination, Oppression and Sexual Violence (60 min)
- Awareness and Understanding of Groups That Have Experienced Discrimination (60 min)
- Cultural Considerations in Providing Services to Different Marginalized Groups (60 min)

Session 7 – Tuesday, September 22 - 5:30pm-8:30pm

5:30pm-6:00pm

Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer

- Client Data Documentation – Appropriate and Inappropriate (15 min)
- Addressing Problems (up-the-chain or directly re: collaborative interactions; crank calls, etc.) (15 min)

6:00pm-7:15pm

Speaker: Kelly Ormosen, LMFT, Clinical Programs Manager, Stand Up Placer

- Substance Abuse/Mental Health Coexisting (1 hour 15 min)

7:15pm-8:30pm

- Interactive Activity on Exploring Privilege
- Break Out Rooms and Class Discussion

Session 8 – Thursday, September 24 – 5:30pm-8:30pm

5:30pm-6:30pm

Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer

- California Evidence and Penal Codes regarding survivor rights (30 min)
- Confidentiality of Records and Subpoenas (15 min)
- Agency Policy If Advocate Excluded From A Process e.g. exam, law enforcement interview (15 min)

6:30pm-7:30pm

Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer

- Protective Orders (EPO, TRO, CPO) (30 min)
- Role of the Advocate During Legal & Court Proceedings (15 min)
- Recantation Coercion (15 min)

7:30pm-8:30pm

Speaker: TBD

- Stand Up Placer Legal Department Overview (15 min)
- Legal Issues (45 min)

Session 9 – Tuesday September 29 – 5:30pm-8:30pm

5:30pm-7:15pm

Speaker: Shasta Wright, Safe House Supervisor and Isabel Valles, Crisis Line Supervisor

- Safe House (30 min)
- Crisis Line Overview and Procedures (30 min)
- Mandated Reporting Procedures & Agency Policy (30 min)
- Support Groups (15 min)

7:15pm-8:30pm

Speaker: Paul Brewer, Co-Trainer, Survivor and Advocate

- Cyber Security/Technology Facilitated Gender Based Violence (TFGBV) (60 min)
- Breakout Session (15 min)

Session 10 – Thursday, October 1 – 5:30pm-8:30pm

5:30pm-6:15pm

Speaker: Jamie Smith, Placer County Deputy District Attorney (Domestic Violence Unit)

- Domestic Violence and The Criminal Justice System (45 min)

6:15pm-7:15pm

Speakers: Placer County Domestic Violence Response Team: DA Investigator Alana Gruchow, Victim Advocate Santiago Spangler, Claims Specialist Jennifer Fugate

- Law Enforcement and Domestic Violence (15 min)
- Rights of victim/survivor (15 min)
- Coordination with Victim Witness and Government Claims Board (30 min)

7:15pm-8:00pm

Speaker: Cassie Quadrelli, Placer County Child Welfare Services

- Child Welfare Services and Support Overview (45 min)

8:00pm-8:30pm

Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer

- Domestic Violence and Traumatic Brain Injury (30 min)

Session 11 – Tuesday, October 6 – 5:30pm-8:30pm

5:30pm-6:30pm

Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer

- Procedures to access local resources and referrals (15 min)
- Agency Limitations; When Referrals Are Appropriate (15 min)

- Best practices and strategies for warm referrals and community referrals (15 min)
- Culturally Appropriate Community Referrals (15 min)

6:30pm-8:30pm

Speaker: Paul Brewer, Co-Trainer, Survivor and Advocate

- Cultural consideration in providing services to different marginalized groups: *Male Survivors: Tools for Trauma Informed Advocacy* (2 hours)

Session 12 – Thursday, October 8 – 5:30pm-8:30pm

5:30pm-6:30pm

Speaker: Christina Simkins, Outreach Senior, Placer County Health & Human Services

- Community Partners & Resources (60 min)

6:30pm-7:30pm

Speaker: Emalee Beavers

- Curiosity & Authenticity

7:30pm-8:30pm

Speaker: Paul Brewer, Co-Trainer, Survivor and Advocate

- *Male Survivors: Tools for Trauma Informed Advocacy* – Debrief and Discussion

Session 13 – Tuesday, October 13 – 5:30pm-8:30pm

5:30pm-7:30pm

Speaker: Isabel Valles, Sexual Assault Response Team Coordinator, Stand Up Placer

- Introduction and History of Sexual Violence (60 min)
- Types & Definitions Of Sexual Assault (60 min)

7:30-8:30pm

Speaker: Rocio Ramon, AMFT, Stand Up Placer Staff Therapist

- What Is Rape Culture? (15 min)
- Trauma of sexual assault and long-range effects (45 min)

Session 14 – Thursday, October 15 – 5:30pm-8:30pm

5:30pm-6:30pm

Speaker: TBD, Detention Advocacy Program Coordinator, Stand Up Placer

- Prisons/Jails/Detention Facilities (30 min)
- Prison Rape Elimination Act (PREA) (30 min)

6:30pm-7:00pm

Speakers: Jenna Gelbuda, Domestic Violence Program Coordinator, Stand Up Placer

- Domestic Violence Program Overview and Volunteering Opportunities (30 min)

7:00pm-8:30pm

Speaker: Paul Brewer, Co-Trainer, Survivor and Advocate

- Commercially Sexually Exploited Children (1 hour 30 min)

Session 15 – Tuesday, October 20 – 5:30pm-8:30pm

5:30pm-8:30pm

Speaker: Isabel Valles, Sexual Assault Response Team Coordinator, Stand Up Placer

- Notification and Agency Response Procedures (30 min)
- Rights of the Victim/Survivor (30 min)
- History and Goals of Collaboration (30 min)
- Advocate Role Clarification – Rape Crisis Centers, Victim Witness System-based and Support Persons System-based & Support Persons (30 min)

- Role of Advocate During Medical/Forensic Examinations (30 min)
- Best Practices and Cultural Considerations Related To Medical Procedures (30 min)

Session 16 – Wednesday, October 21 – 5:30pm-8:30pm

5:30pm-7:00pm

Speaker: Jessica Waterford, MSW, Placer County MDIC Coordinator

- Child Sexual Abuse Definitions, Types and Characteristics (60 min)
- Developmental considerations (30 min)

7:00pm-8:30pm

Speaker: Ashley Duke, Sierra Community House

- Teen Dating Violence (1 hour 30 min)

Session 17 – Tuesday, October 27 – 5:30pm-8:30pm

5:30pm-7:00pm

Speaker: Detective Scott Alford, DA Investigator Alana Gruchow, SART Coordinator Lannie Waters

- Sexual Assault Laws (Code Sections) (15 min)
- Local Law Enforcement Agency Procedures (15 min)
- Factors Affecting Decision to Authorize a Forensic Medical Examination, Investigation and/or an Arrest (15 min)
- Investigative Procedures (15 min)
- Role of advocate during the investigation (15 min)
- Abbreviated exam (15 min)

7:00pm-8:00pm

Speaker: Placer County Deputy District Attorney Anna Duffy (Sexual Assault Unit)

- Criminal Justice: Medical, Law Enforcement & Prosecutors (60 min)

8:00pm-8:30pm

Speaker: TBD

- Common Defenses In Sexual Assault Cases (15 min)
- Civil Remedies (15 min)

Session 18 – Thursday, October 29 – 5:30pm-8:30pm

5:30pm-7:30pm

Speaker: Lannie Waters, Placer County Sexual Assault Response Team Nurse

- Forensic Medical Examination (full and abbreviated) and Evidence Collection (45 min)
- Strangulation Forensic Exams (30 min)
- Consent For a Forensic Medical Examination (15 min)
- Payment for Expenses (15 min)
- Survivors' Health Concerns (15 min)

7:30pm-8:30pm

Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer

- Confidentiality (15 min)
- Privileged communication within collaborations (15 min)
- Crisis Intervention With Significant Others (30 min)

Session 19 – Tuesday, November 3 – 5:30pm-8:30pm

5:30pm-6:00pm

- Group Check-in/Discussion

6:00pm-6:30pm

Speaker: Michelle Bancroft, Volunteer & Education Manager, Stand Up Placer

- Boundaries For Client and Advocate Safety (30 min)

6:30pm-8:30pm

Speaker: Shannon Decker, Executive Director, The Speedy Foundation

- Suicide lethality and safety assessments and interventions (2 hours)

Session 20 – Thursday, November 5 – 5:30pm-8:30pm

5:30pm-7:30pm

Speaker: Paul Brewer, Co-Trainer, Survivor and Advocate

- Teen Culture and Risk Factors (30 min)
- Developmental Considerations (15 min)
- Educational institutions (15 min)
- Legal Issues (30 min)
- Counseling issues and concerns (30 min)

7:30pm-8:30pm

Speaker: Paul Brewer, Co-Trainer, Survivor and Advocate

- *Movie: The Last Drop (45 min)*
- *The Last Drop* Post-movie discussion (15 min)

Session 21 – Tuesday, November 10 – 5:30pm-8:30pm

5:30pm-7:00pm

Speaker: Antonia Dias, Sergeant - Davis Police Department and Advocate

- Marginalized communities/oppressed groups: *Trauma Informed Crisis Response With Queer & Trans Clients* (1.5 hours)

7:00pm-8:30pm

- National Public Radio Podcast: *This American Life: Anatomy of Doubt (60 min)*
- **Breakout & group discussion - *Anatomy of Doubt* (30 min)**

Session 22 – Thursday, November 12 – 5:30pm-8:30pm

5:30pm-8:30pm

Speaker: TBD, Human Trafficking Program Coordinator, Stand Up Placer

- Identifying and Responding to Sex Trafficking (3 hours)

Session 23 – Tuesday, November 17 – 5:30pm-8:30pm

5:30pm-6:00pm

Speaker: Tenell Woods, USAF Sexual Assault & Domestic Violence Services, Sexual Assault Coordinator

- Military and Sexual Assault (30 min)

6:00pm-7:00pm

Speaker: TBD, Human Trafficking Program Coordinator, Stand Up Placer

- Continuing Support (60 min)

7:00pm-8:00pm

Speaker: Kacey Nelson, Staff Therapist, Stand Up Placer

- Counselor Safety, Self-care and Vicarious Trauma (60 min)

8:00pm-8:30pm

- Wrapping It Up and Final Exam Discussion (30 min)